



Nuns' Welfare Foundation of Nepal

Contact us

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About us

Introduction

Nuns' Welfare Foundation (NWF) is an NGO founded in 1998 by Ani Choying Drolma. NWF is Ani-la's child, born through her music and aspiration to open a school for nuns where she can provide them with the opportunities that she wished to have for herself.

Objectives

To provide the nuns with high quality, secular education along with thorough traditional Buddhist knowledge.

▶ To encourage nuns to be actively involved in social welfare and social issues.

▶ To encourage nuns to study and take up certain occupations or skills to contribute to social welfare and the needy.



Our Founder

Ani Choying Drolma is renowned for her amazing soul-soothing voice and her numerous humanitarian efforts. These include educating young girls and providing medical services for the underprivileged and dispossessed. Her efforts have been constantly praised and emulated.

Ani Choying Drolma believes that, if given equal opportunities, girls have the equal potential to make the world a better place. Therefore she is actively making this happen. She travels around the world giving concerts, and in her birth place, Nepal, she carries out her humanitarian projects. She has been doing this since 1997.

Ani Choying became the first ever National Ambassador of UNICEF Nepal on 11th April 2014. She has also been the ambassador of other projects and campaigns, such as the Goodwill Ambassador of Nepal Tourism Year in 2011, N-Peace in 2012, the Cultural Ambassador of World View Nepal, World Kidney Day Nepal and many more. She encourages positive movements and has inspired many people.

Ani Choying says that every individual has a special magical wand, a magical wand that has immense power if used to benefit others, but very limited power if used merely for oneself. In her case her voice is her magical wand, and she uses it for the welfare of others.



Our Projects



Arya Tara School

Arya Tara School (ATS), established by NWF in 2000, is a free boarding school which combines traditional Buddhist studies with modern education for nuns. Currently it's home to almost 80 young girls from Nepal and India. The nuns range in age from 5 to 26 years. Besides a regular curriculum that combines modern and traditional Buddhist education, ATS also provides extra classes in Music, Dance and Thangka Painting to encourage the nuns to reach to their full potential.

The nuns at Arya Tara School study until 10th grade in the school itself. After completion of this schooling, the nuns are supported with the necessary tools and resources to further their studies and fulfil their ambitions. During this transition we stand beside them, offering financial and emotional support where necessary.

You can contact: nwf@choying.com
For more information: www.choying.com





Aarogya Foundation

Aarogya Foundation was established in 2010 to practice a commitment and "dedication to the service of people in need", especially for the patients with kidney related problems.

How it started?

Ani Choying Drolma sadly lost her Mother due to kidney failure. This could have been avoided if a proper kidney treatment facility have been available in Nepal. Ani Choying Drolma had a dream that others should not suffer in this same way. Her dream was a simple one: to develop a centre in Nepal where kidney illness could be treated, and premature death avoided. With the help, support and dedication of many people, the Aarogya Foundation was formed as a non-profit organization.

Our Services: Consultation ■ Operation Theatre ■ Hemo-dialysis
■ Drug Level measuring facility (Tacrolimus)

info@aarogyafoundation.org / www.aarogyafoundation.org.np



Red Tara Travels
& Tours (P) Ltd.

Red Tara Travels & Tours (P) Ltd. was established in 2010 by the joint efforts of Ani Choying Drolma and two of her assistants, Ani Choying Sangmo and Ani Kunchok Paldon. It is operated by Ani Choying Sangmo.

Our goal is to create good relationships with our well-wishers and to offer a friendly tour service with a spiritual touch, organized and carried out by Buddhist nuns. Red Tara Travels will share with you the history and cultural backdrop of Nepal, all offered by nuns specifically trained in the knowledge of travel and tourism.

All profits earned by Red Tara Travels & Tours directly benefit Arya Tara School.

redtara@choying.com / www.choying.com



Aarya Tara Pre-school

Aarya Tara Pre-school is the vision of Ani Choying Dolma and Astrid Belser, who lost her daughter while trekking in Nepal. Since they both shared this common dream, the nuns of Arya Tara School worked on this mission and have made it come alive by operating and running it successfully.

This school is dedicated to single mothers and needy children in Nepal. Currently 15 children enrolled in this pre-school and all are younger than two years old.

Our main goals:

To enable single mothers to have an opportunity to work and earn their living confidently, and also to make their lives easier.

To nourish each individual child with a safe, healthy environment and proper guidance, which every child deserves.

To create a place where every child can develop to his or her fullest potential despite their family's access to limited resources.

*For more information about please mails us at:
aaryatarapreschool@gmail.com*



Our Major Achievements

NWF has established a fully equipped boarding school in Pharping: Arya Tara School.

NWF has added extra classes such as Music & Vocal Classes, Thangka Painting, and Charya Nitya (Deity Dance) at Arya Tara School.

NWF has successfully taken care of 80 young nuns by providing free education while meeting all their basic needs, and since 2000 has also been supporting their further studies.

We have been able to provide career options and vocational training for nuns.

Through the Aarogya Foundation project, NWF has brought in Nepal's first ever HLA Lab.

We have formed Nepal's first female instrumental band, the Shree Tara Band.

We have assisted more than 15 different projects working for Children's and Women's welfare and animal protection within Nepal.



How you can be part of it

Nuns' Welfare Foundation depends on donations from supporters like you. Without your continuing financial and moral support, we could not have kept our vision alive for this long. Please help us to continue growing.

- Donate
- volunteer
- raise funds
- organize concerts
- sponsor a child

To explore more about how you can be part of us, please contact us at infodesk@choying.com



Ani Choying Dolma believes:

If she tells you her dream, you might forget it.
If she acts on her dream, perhaps you will remember.
But if she involves you in her dream it becomes
your dream too, so TOGETHER WE CAN!
We'd love you to get involved and support us.



Make a donation

IN NEPAL

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Kathmandu Nepal
Swift code: NIBLNPKT



Vote of Thanks

We would like to thank all our sponsors,
supporters and well-wishers all around the world.
We really appreciate your kind support thus far.

Your kindness will always be remembered
with gratitude in our prayers!

With Best Wishes,
Arya Tara School and Nuns' Welfare Foundation Family